



Government of India  
Ministry of Earth Sciences  
India Meteorological Department



Press Release  
Date: 07<sup>th</sup> March 2026  
Time of Issue: 1315 hours IST

Special Bulletin (No. 1)

**Subject: Prevailing markedly above normal (6-12°C) Day and Night temperature over northwest India and Southeast Peninsular India**

**1. Day and night temperature status**

**During past 24 hours ending at 0830 hours IST of today, the 07<sup>th</sup> March, 2026:**

- ❖ **Heat wave to severe heat wave conditions** prevailed in isolated pockets over Himachal Pradesh and **Heat wave conditions** in isolated pockets over Coastal Andhra Pradesh.
- ❖ **Maximum (Day) Temperatures** were in the range of 37-41°C over Rajasthan, Maharashtra (Vidarbha region), Telangana, Rayalaseema, Andhra Pradesh, Tamil Nadu; 32-36°C over remaining parts of North & South Peninsular India. Yesterday, the highest maximum temperature of **40.8°C** was reported at **Amravati (Vidarbha, Maharashtra)**.
- ❖ **Maximum (Day) temperatures Departures** were above normal by 8-12°C over Jammu & Kashmir, Himachal Pradesh & Punjab; above normal by 4-7°C over Haryana, Chandigarh & Delhi, Rajasthan, West Uttar Pradesh, Vidarbha, Coastal Andhra Pradesh. They were above normal by 1-3°C over East Uttar Pradesh, Odisha, Maharashtra, Telangana, Rayalaseema and Tamil Nadu.
- ❖ **Minimum (Night) temperatures** were in the range of 14-18°C over Jammu division, Himachal Pradesh, Punjab, Haryana, Chandigarh, Delhi, Uttar Pradesh, Rajasthan, south Odisha, Maharashtra. **Today, the lowest minimum (night) temperature of 12.0°C is observed at Sikar (Rajasthan) over the plains of India.**
- ❖ **Minimum (Night) Temperature Departures** were markedly above normal by (>5.0°C) over Jammu-Kashmir, Himachal Pradesh, Punjab, Chandigarh, Uttar Pradesh; appreciably above normal by 2-5°C over Uttarakhand, Haryana, Delhi, Odisha.

**2. Forecasts of Temperatures and Heat wave (refer Annexure I for Weather Warnings)**

- ❖ The markedly above normal day and night temperatures likely to continue **over northwest India and Southeast Peninsular India** during next 3 days. Under the influence of fresh Western Disturbance, day temperatures likely to fall by 5-7°C during subsequent 4 days.
- ❖ Over the plains of Northwest India, gradual rise in maximum temperature by 2-3°C during next 5 days and no significant change during subsequent 2 days.
- ❖ **Hence, Maximum temperatures are likely to continue to be above normal by 8-10°C over many parts of Western Himalayan Region during next 3 days and decrease thereafter; by 5-7°C over plains of northwest India during the week.**

✓ **Heat Wave Warnings(refer Annexure I for Weather Warnings)**

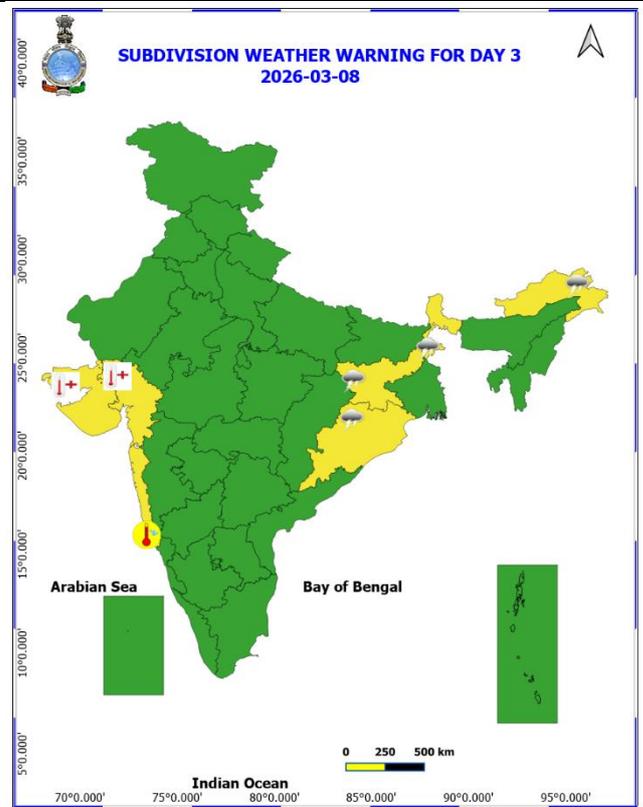
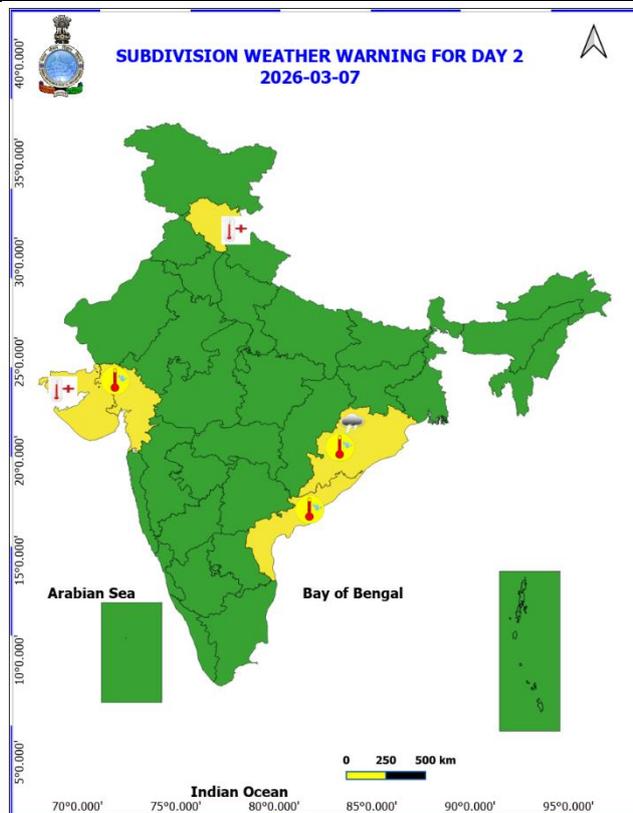
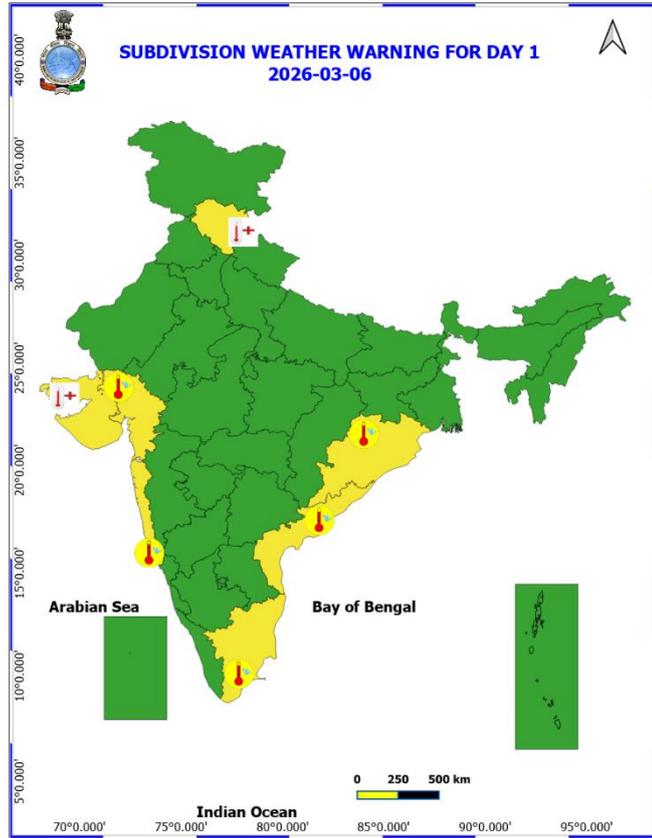
- ❖ **Heat wave conditions** very likely in isolated pockets over Himachal Pradesh & Vidarbha, South & Central Andhra Pradesh and adjoining districts of Rayalaseema and North Tamil Nadu on 07<sup>th</sup> & 08<sup>th</sup>; West Rajasthan on 10<sup>th</sup> & 11<sup>th</sup> March.
- ❖ **Hot & humid conditions** very likely to prevail in isolated pockets over South & Central Andhra Pradesh and adjoining districts of Rayalaseema and North Tamil Nadu on 07<sup>th</sup> & 08<sup>th</sup> March.

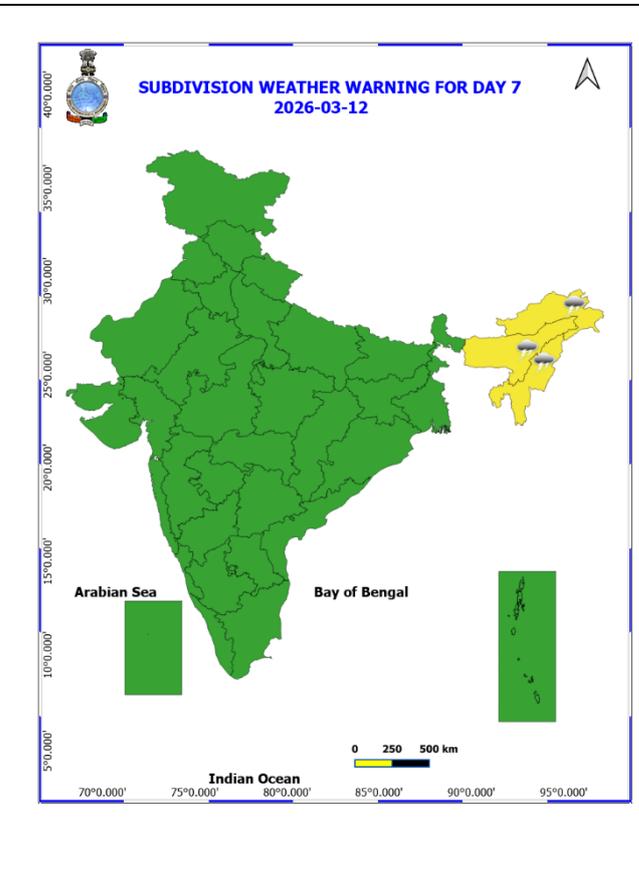
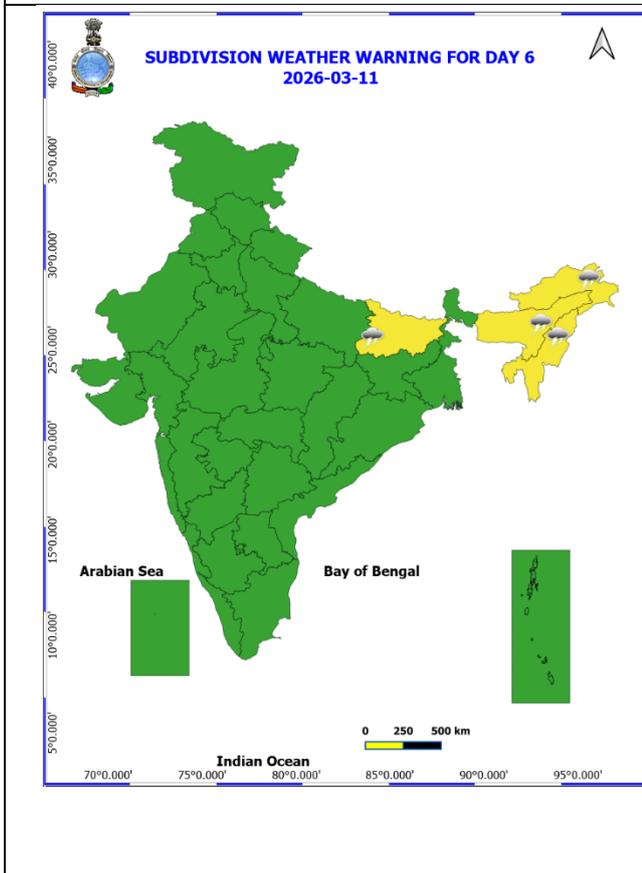
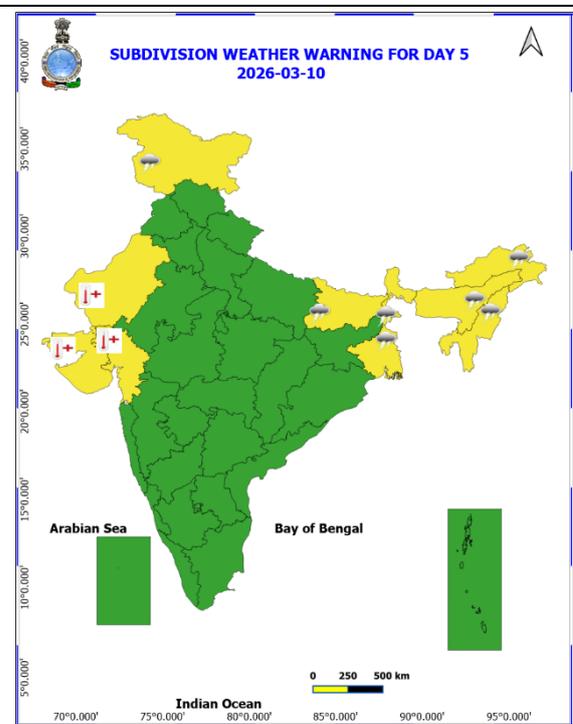
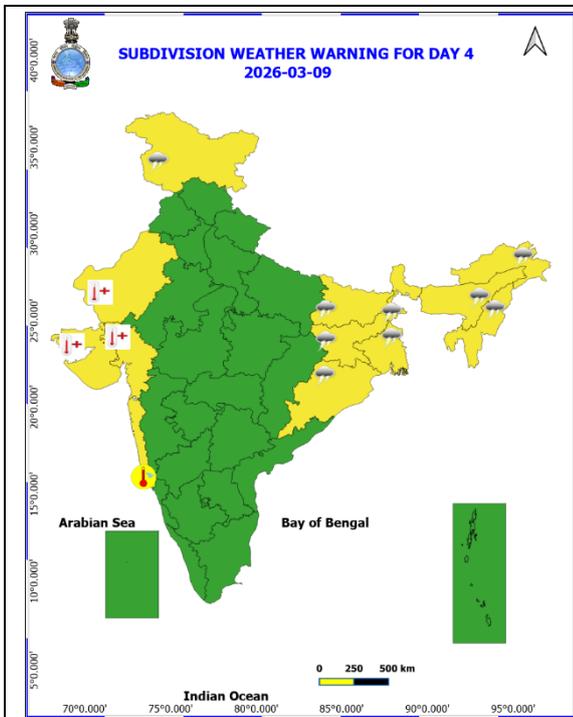
**For more details, kindly refer National Weather Bulletin:**

[https://mausam.imd.gov.in/responsive/all\\_india\\_forecast\\_bulletin.php](https://mausam.imd.gov.in/responsive/all_india_forecast_bulletin.php)

**For District wise warnings refer:** <https://mausam.imd.gov.in/responsive/districtWiseWarningGIS.php>

**For detailed daily Press Release refer to** [https://internal.imd.gov.in/press\\_release/20260307\\_pr\\_4789.pdf](https://internal.imd.gov.in/press_release/20260307_pr_4789.pdf)





- Action may be taken based on ORANGE AND REDCOLOUR warnings.
- Vulnerable regions likely urban and hilly areas action may be initiated for heavy rainfall warning.
- As the lead period increases forecast accuracy decreases.

Detailed districtwise Multi Hazard weather warning for next five days available at <https://mausam.imd.gov.in/responsive/districtWiseWarningGIS.php>

## Agromet advisories for likely impact of Above normal Temperatures

- In **Jammu and Kashmir**, apply light irrigation to wheat, mustard and vegetables.
- In **Himachal Pradesh**, provide protective irrigation to wheat and early vegetables. Maintain ventilation in polyhouses for capsicum and tomato.
- In **Punjab**, maintain optimum soil moisture through irrigation in mustard, gobhi sarson and potato.
- In **Haryana**, provide light irrigation to mustard and gram at flowering and pod formation stages.
- In **Uttarakhand**, provide light and frequent irrigation in wheat, lentil, chickpea and mustard during critical growth stages (flowering and grain filling in wheat, pod formation in mustard and gram etc.).
- In **Western Uttar Pradesh**, provide light and frequent irrigation in wheat, mustard and chickpea, potato and early planted sugarcane.
- In **Rajasthan**, provide protective irrigation in cumin, isabgol, mustard and gram.
- In **East Uttar Pradesh**, provide light irrigation in wheat (grain filling stage), mustard and gram crops during morning or evening hours to reduce adverse impacts of heat and prevention of forced maturity.
- In **Vidarbha**, Apply irrigation in late sown Rabi crops like wheat, groundnut, sesame, safflower, sorghum, orchards and vegetables as per requirement and use straw mulch to reduce evaporation losses.
- Take appropriate action for conservation of soil moisture through mulching, proper field bunding, and avoiding unnecessary inter cultivation.

### Livestock / Poultry

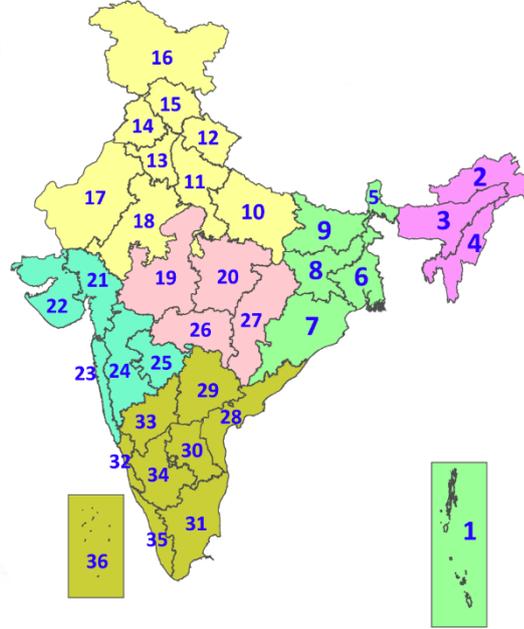
- Provide clean, hygienic and plenty of drinking water to animals.
- To reduce the effect of heat wave/high temperature, cover the roof of poultry sheds with grass.

### Legends & abbreviations:

- ❖ **Heavy Rain:**64.5-115.5mm; **Very Heavy Rain:**115.6-204.4mm; **Extremely Heavy Rain:** >204.4mm.
- ❖ **Obsy:** Observatory; Automatic Weather Station; **ARG:** Automatic Rain Gauge; **dist:** District; **NH:** National Highway; **KVK:** Krishi Vigyan Kendra; **DVC:** Damodar Valley Corporation; **PTO:** Part Time Office, **Aero:** Aerodrome, **IAF:** Indian Air Force.
- ❖ **Region wise classification of meteorological Sub-Divisions:**
  - **Northwest India:** Western Himalayan Region (Jammu-Kashmir-Ladakh-Gilgit-Baltistan-Muzaffarabad, Himachal Pradesh and Uttarakhand); Punjab, Haryana-Chandigarh-Delhi; West Uttar Pradesh, East Uttar Pradesh, West Rajasthan and East Rajasthan.
  - **Central India:** West Madhya Pradesh, East Madhya Pradesh, Vidarbha and Chhattisgarh.
  - **East India:** Bihar, Jharkhand, Sub-Himalayan West Bengal & Sikkim; Gangetic West Bengal, Odisha and Andaman & Nicobar Islands.
  - **Northeast India:** Arunachal Pradesh, Assam & Meghalaya and Nagaland, Manipur, Mizoram & Tripura.
  - **West India:** Gujarat Region, Saurashtra & Kutch, Konkan & Goa, Madhya Maharashtra and Marathawada.
  - **South India:** Coastal Andhra Pradesh & Yanam, Telangana, Rayalaseema, Coastal Karnataka, North Interior Karnataka, South Interior Karnataka, Kerala & Mahe, Tamil Nadu, Puducherry & Karaikal and Lakshadweep.

## LEGENDS

1. अंडमान और निकोबार द्वीपसमूह
2. अरुणाचल प्रदेश
3. असम और मेघालय
4. नागालैंड, मणिपुर, मिजोरम और त्रिपुरा
5. उप-हिमालयी पश्चिम बंगाल और सिक्किम
6. गंगीय पश्चिम बंगाल
7. ओडिशा
8. झारखंड
9. बिहार
10. पूर्वी उत्तर प्रदेश
11. पश्चिम उत्तर प्रदेश
12. उत्तराखंड
13. हरियाणा, चंडीगढ़ और दिल्ली
14. पंजाब
15. हिमाचल प्रदेश
16. जम्मू और कश्मीर और लद्दाख
17. पश्चिम राजस्थान
18. पूर्वी राजस्थान
19. पश्चिम मध्य प्रदेश
20. पूर्वी मध्य प्रदेश
21. गुजरात
22. सौराष्ट्र
23. कोंकण और गोवा
24. मध्य महाराष्ट्र
25. मराठवाड़ा
26. विदर्भ
27. छत्तीसगढ़
28. तटीय आंध्र प्रदेश और यनम
29. तेलंगाना
30. रायलसीमा
31. तमिलनाडु, पुडुचेरी और कराईकल
32. तटीय कर्नाटक
33. आंतरिक उत्तरी कर्नाटक
34. आंतरिक दक्षिणी कर्नाटक
35. केरल और माहे
36. लक्षद्वीप



1. Andaman & Nicobar Islands
2. Arunachal Pradesh
3. Assam & Meghalaya
4. Nagaland, Manipur, Mizoram & Tripura
5. Sub-Himalayan West Bengal & Sikkim
6. Gangetic West Bengal
7. Odisha
8. Jharkhand
9. Bihar
10. East Uttar Pradesh
11. West Uttar Pradesh
12. Uttarakhand
13. Haryana, Chandigarh & Delhi
14. Punjab
15. Himachal Pradesh
16. Jammu & Kashmir and Ladakh
17. West Rajasthan
18. East Rajasthan
19. West Madhya Pradesh
20. East Madhya Pradesh
21. Gujarat
22. Saurashtra
23. Konkan & Goa
24. Madhya Maharashtra
25. Marathwada
26. Vidarbha
27. Chhattisgarh
28. Coastal Andhra Pradesh & Yanam
29. Telangana
30. Rayalaseema
31. Tamilnadu, Puducherry & Karaikal
32. Coastal Karnataka
33. North Interior Karnataka
34. South Interior Karnataka
35. Kerala & Mahe
36. Lakshadweep

## SPATIAL DISTRIBUTION (% of Stations reporting)

% Stations	Category	% Stations	Category
76-100	Widespread (WS/Most Places)	26-50	Scattered (SCT/A Few Places)
51-75	Fairly Widespread (FWS/Many Places)	1-25	Isolated (ISOL)



Heavy Rain

Very Heavy Rain

Extremely Heavy Rain

Thunder & Lightning

Hailstorm

Dust Raising Winds

Heavy Snow

Dust Storm

Heat Wave

Warm Night

Hot Day

Hot & Humid

Strong Surface Winds

Cold Wave

Cold Day

Ground Frost

### COLOUR CODED WARNING

No Warning (No Action)

Watch (Be Aware)

Alert (Be Prepared To Take Action)

Warning (Take Action)

### Probabilistic Forecast

Terms	Probability of Occurrence (%)
Unlikely	< 25
Likely	25 - 50
Very Likely	50 - 75
Most Likely	> 75

\* Red colour warning does not mean "Red Alert", Red colour warning means "Take Action".

Forecast and Warning for any day is valid from 0830 hours IST of day till 0830 hours IST of next day.

For more details, kindly visit <https://mausam.imd.gov.in> or contact: 011-2434-4599

(Service to the Nation since 1875)

### DEFINITION/CRITERIA

<b>Rain/ Snow *</b>	<p><b>Heavy:</b> 64.5 to 115.5 mm/cm *</p> <p><b>Very Heavy:</b> 115.6 to 204.4 mm/cm*</p> <p><b>Extremely Heavy:</b> &gt; 204.4 mm/cm *</p>
<b>Heat Wave</b>	<p><b>When maximum temperature of a station reaches <math>\geq 40^{\circ}\text{C}</math> for plains and <math>\geq 30^{\circ}\text{C}</math> for hilly regions</b></p> <p><b>(a) Based on Departure from normal</b></p> <p><b>Heat Wave:</b> Maximum Temperature Departure from normal <math>4.5^{\circ}\text{C}</math> to <math>6.4^{\circ}\text{C}</math>.</p> <p><b>Severe Heat Wave:</b> Maximum Temperature Departure from normal <math>\geq 6.5^{\circ}\text{C}</math></p> <p><b>(b). Based on Actual maximum temperature</b></p> <p><b>Heat Wave:</b> When actual maximum temperature <math>\geq 45^{\circ}\text{C}</math>.</p> <p><b>Severe Heat Wave:</b> When actual maximum temperature <math>\geq 47^{\circ}\text{C}</math></p> <p><b>(c). Criteria for heat wave for coastal stations</b></p> <p>When maximum temperature departure is <math>&gt; 4.5^{\circ}\text{C}</math> from normal. Heat Wave may be described provided maximum temperature <math>\geq 37^{\circ}\text{C}</math></p>
<b>Warm Night</b>	<p><b>When maximum temperature remains <math>40^{\circ}\text{C}</math></b></p> <p><b>Warm Night:</b> When minimum temperature departure <math>4.5^{\circ}\text{C}</math> to <math>6.4^{\circ}\text{C}</math>.</p> <p><b>Severe Warm Night:</b> When minimum temperature departure <math>&gt; 6.4^{\circ}\text{C}</math>.</p>
<b>Cold Wave</b>	<p><b>When minimum temperature of a station <math>\leq 10^{\circ}\text{C}</math> for plains and <math>\leq 0^{\circ}\text{C}</math> for hilly regions.</b></p> <p><b>(a). Based on departure</b></p> <p><b>Cold Wave:</b> Minimum Temperature Departure from normal <math>-4.5^{\circ}\text{C}</math> to <math>-6.4^{\circ}\text{C}</math>.</p> <p><b>Severe Cold Wave:</b> Minimum Temperature Departure from normal <math>\leq -6.5^{\circ}\text{C}</math></p> <p><b>(b) Based on actual Minimum Temperature (for Plains only)</b></p> <p><b>Cold Wave :</b> When Minimum Temperature is <math>\leq 4.0^{\circ}\text{C}</math></p> <p><b>Severe Cold Wave:</b> When Minimum Temperature is <math>\leq 2.0^{\circ}\text{C}</math></p> <p><b>(c) For Coastal Stations</b></p> <p>When Minimum Temperature departure is <math>\leq -4.5^{\circ}\text{C}</math> &amp; actual Minimum Temperature is <math>\leq 15^{\circ}\text{C}</math></p>
<b>Cold Day</b>	<p><b>When minimum temperature of a station <math>\leq 10^{\circ}\text{C}</math> for plains and <math>\leq 0^{\circ}\text{C}</math> for hilly regions</b></p> <p><b>Based on departure</b></p> <p><b>Cold Day:</b> Maximum Temperature Departure from normal <math>-4.5^{\circ}\text{C}</math> to <math>-6.4^{\circ}\text{C}</math>.</p> <p><b>Severe Cold Day:</b> Maximum Temperature Departure from normal <math>\leq -6.5^{\circ}\text{C}</math></p>
<b>Fog</b>	<p><b>Phenomenon of small droplets suspended in air and the horizontal visibility <math>&lt; 1\text{km}</math></b></p> <p><b>Moderate Fog:</b> When the visibility between 500-200 metres</p> <p><b>Dense Fog:</b> when the visibility between 50- 200 metres</p> <p><b>Very Dense Fog:</b> when the visibility <math>&lt; 50</math> metres</p>
<b>Thunderstorm</b>	<p>Sudden electrical discharges manifested by a flash of light (Lightning) and a sharp rumbling sound (thunder)</p>
<b>Dust/Sand Storm</b>	<p>An ensemble of particles of dust or sand energetically lifted to great heights by a strong and turbulent wind.</p>
<b>Frost</b>	<p><b>Ice deposits on ground</b></p> <p>Air temperature <math>\leq 4^{\circ}\text{C}</math> ( over Plains)</p>
<b>Squall</b>	<p><b>A strong wind that rises suddenly, lasts for atleast 1 minute.</b></p> <p><b>Moderate:</b> Wind speed 52-61 kmph</p> <p><b>Severe:</b> Wind speed 62-87 kmph</p> <p><b>Very Severe:</b> Wind speed <math>&gt; 87</math> kmph</p>
<b>Sea State</b>	<p><b>Effect of various waves in the sea over specific area</b></p> <p><b>Rough to very rough:</b> Wind speed 41-62 kmph (22-33 knots) &amp; Wave height 2.5-6 metre</p> <p><b>High to very high:</b> Wind speed 63-117 kmph ( 34-63 knots) &amp; Wave height 6-14 metre</p> <p><b>Phenomenal:</b> Wind speed <math>&gt; 117</math> kmph (<math>&gt; 63</math> knots) &amp; Wave height <math>&gt; 14</math> metre</p>
<b>Cyclone</b>	<p><b>Cyclonic Storm:</b> Wind speed 62-87 kmph (34-47 knots)</p> <p><b>Severe Cyclonic Storm:</b> Wind speed 88-117 kmph (48-63 knots)</p> <p><b>Very Severe Cyclonic Storm:</b> Wind speed 118-165 kmph (64 - 89 knots)</p> <p><b>Extremely Severe Cyclonic Storm:</b> Wind speed 166-220 kmph (90 -119 knots)</p> <p><b>Super Cyclone Storm:</b> Wind speed <math>&gt; 220</math> kmph (<math>&gt; 119</math> knots)</p>

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